

# CDC EBOLA GUIDANCE

## Evaluating Level of Risk

### HIGH RISK

- Direct contact with blood or body fluids from a person showing symptoms of Ebola while not wearing personal protective equipment (PPE).
- Living with and caring for a person showing symptoms of Ebola.
- Direct contact with a dead body while in a country with a large Ebola outbreak or a small outbreak that may be hard to control without wearing PPE.
- Direct contact with blood or body fluids from a person showing symptoms of Ebola through splashes to eyes, nose, or mouth, through a break in the skin, or through a needle stick.
- Processing blood or body fluids from a person showing symptoms of Ebola without wearing PPE or undertaking standard biosafety precautions.

### SOME RISK

- Close contact (within 3 feet) for a long time with a person showing symptoms of Ebola while not wearing PPE.
- Direct contact while in a country with a large Ebola outbreak or a small outbreak that may be hard to control with a person showing symptoms of Ebola while wearing appropriate PPE.

### LOW RISK

- Having been in a country with a large Ebola outbreak or a small outbreak that may be hard to control within the past 21 days with no known exposures.
- Brief direct contact, such as shaking hands, with a person who has Ebola while not wearing PPE.
- Being in the same room for a short amount of time with a person showing symptoms of Ebola.
- Direct contact with a person showing symptoms of Ebola in a country **without** a large Ebola outbreak or a small outbreak that may be hard to control while wearing appropriate PPE.
- Having traveled on an airplane with a person showing symptoms of Ebola.

### NO RISK

- Contact with a person with Ebola before their symptoms began.
- Having left a country with a large Ebola outbreak or small outbreak that may be hard to control more than 21 days ago.
- Having been in a country **without** a large Ebola outbreak or small outbreak that may be hard to control.
- Contact with a healthy person who had contact with someone showing symptoms of Ebola.
- Having been on an aircraft or ship and did not leave the plane or ship or the area close by while in a country with a large Ebola outbreak or a small outbreak that may be hard to control.